# Pikey Peak Trek

**DURATION: 8 DAYS** 

### **Trip Facts**



**Group Size** 6 Persons



Trip Grade Easy



**Accommodation** Hotel, Lodge and Teahouse





**Max Height** 4250 Metres



Start From Kathamandu



End At Kathamandu



Transportation Car ,Jeep,Bus,and Trekking



**Duration** 8 Days



Meals included Breakfast, Launch and Dinner Days

#### **Best season:**

September -November

#### **Trip Overview**

The Pikey Peak Trek spans over 7-9 days in the Khumbu Mount Everest region, boasting awe-inspiring views of the mountain range. **Beginning at the Dhap end of Phaplu**, trekkers can acclimate to the altitude before ascending to Pikey Peak. The trail winds through lush forests, past waterfalls, and up to Pikey Peak, offering panoramic views of the surrounding mountains. **Trekkers have the chance to engage with local Sherpa** communities and gain insight into their way of life. The trek is both challenging and incredibly rewarding, providing a unique and extraordinary perspective on the Khumbu region. It is crucial to balance the desire for adventure with responsible tourism practices to uphold and preserve fragile ecosystems. Through diverse perspectives and thorough research, trekkers can truly immerse themselves in the beauty and cultural richness of the Khumbu region while minimizing their impact on the environment.

Moreover, actively supporting local businesses and <u>hiring regional guides significantly</u> contributes to sustainable tourism practices. Cultural exchanges with the Sherpa communities foster mutual understanding and respect. For instance, opting to stay in eco-friendly lodges powered by solar energy and participating in trail clean-up initiatives actively contribute to preserving the pristine environment. Choosing a local Sherpa guide enriches the trekker's experience with valuable insights into the region's culture and traditions and supports the **livelihoods of indigenous communities**. By taking these proactive steps, trekkers can revel in their adventure while consciously minimizing their impact on the environment and respecting local communities.



#### **Trip Itinerary**



When you arrive in Kathmandu, Nepal, you'll be met by Mount Adventure Holidays your guide at the airport. They'll take you to your hotel. Take this day to relax after your journey, get used to the Nepali vibe, and wander around nearby areas if you're up for it.



Drive to Dhap Bazaar and Trek to Jhapre (2,815 m)

② 7 ■ Breakfast, Launch and Dinner Hotel ,Tea House and Lodges 🖨 Trekking 🗀 3580 m

The road trip from Kathmandu to Dhap Bazaar usually takes about 7-8 hours and is roughly 230 km long. Along the way, you'll see beautiful countryside views with fields on hillsides and small villages, and sometimes, you might catch a peek at the big Himalayan mountains far away. After following the road next to the Sun Koshi River, you'll get to Ghurmi. Then, as you travel through forests filled with rhododendron flowers, you'll finally reach Dhap Bazaar.

The walk from Dhap Bazaar to Jhapre is an adventure through the beautiful countryside of Nepal. The path goes up and down hills, showing off incredible views of the Himalayas. You'll start from Dhap Bazaar and walk uphill to Jhapre, a serene Sherpa village. The trail goes through forests, little streams, and farmlands. Sometimes, you might meet friendly locals, spot grazing yaks, and see the local lifestyle. Along the way, you can witness the grandeur of peaks like Mt. Everest, Mt. Numbur, and Mt.Karyolung. Finally, after a 4-5 hours hike, you arrive at Jhapre.



Day 03: Trek from Jhapre to Pikey Base Camp (3,585 m)

② 7 ■ Breakfast, Launch and Dinner ► Lodge ← Trekking ▲ 3580 m

After Breakfast, The Pikey Peak Trek 9 days journey from Jhapre to Pikey Base Camp is super special! Along the way, hikers find scenic resting places like Bulbule, Taklung Danda, and Loding. It's a perfect place to take a break and enjoy nature's beauty. Moreover, these spots provide spectacular views of fields, traditional villages, and massive peaks like Mt. Everest and other surrounding mountains. The trail goes through lush forests, flowery meadows, and old monasteries. After 6-7 hours of long day hike, you reach Pikey Base Camp. It's like a hidden gem, giving a peaceful spot to watch stunning sunrises and sunsets with incredible views of the Himalayas.



Sunrise at Pikey Peak and Trek to Loding (2,536 m)

**②** 7 Breakfast, Launch and Dinner Lodge Lodge Trekking ≥ 2535 m

After breakfast Heading up Pikey Peak for sunrise is exciting! You start the day early when it's still dark, trekking up in the quiet before dawn. It feels like a thrilling adventure, a bit tough but super thrilling. With headlamps guiding the way, the path can be rocky and challenging. But as you get closer to the top, there's this incredible feeling of calmness. Then, when the sun starts coming up, the sky changes colors—it's like a painting. Red, orange, and pink colors fill the sky, lighting the snowy mountaintops. The view from Pikey Peak is incredible! You see big mountains, especially Mount Everest, getting all golden in the sunlight. It's a special moment that amazes you with nature's beauty. After this magical experience, you trek down to Loding through beautiful landscapes and villages for overnight.



Day 05: Trek to Junbesi (2,700 m)

② 7 ■ Breakfast.Launch and Dinner Lodge and Hotel Trekking ≥ 2700 m

After breakfast, Today's trek leads you to Junbesi, a culturally rich Sherpa village. It begins with a descent along the ridgeline towards Jase Bhanjyang. Following this, various routes are available for the descent towards Junbesi. One particularly striking option is a shortcut trail diverging shortly after Jase Bhanjyang, leading through impressive old-growth forests on a steep decline to Taktor. This trail eventually intersects with the famous Jiri Everest Base Camp Trek routes. With a few hours of walking, you reach Junbesi.

In Junbesi, you can explore ancient monasteries like the Thuptenchholing Monastery and the Tashi Thongmon Monastery, which are important for the locals' beliefs and traditions. Also, lots of trekkers start or finish their journeys here because Junbesi is a crucial point for many treks in this area, like Pikey Peak Trek and Everest Base Camp Trek.



Day 06: Trek to Taksindo (3070 m)

0 6

■ Breakfast, Launch and Dinner

Hotel and Lodge

Trekkimg

≥ 3070 m

After Breakfast, The walk from Taksindu to Phaplu shows off how beautiful the Himalayas are. It's about 5 miles long and takes you through green forests, cute Sherpa villages, and amazing mountain views. You start at Taksindu Monastery on a hill and walk down, seeing snowy mountaintops and fields along the way. You'll meet Sherpas wearing their traditional clothes and smiling at you as you follow small paths. The scenery changes as you go, showing you the area's culture. When you get to Phaplu, it's the end of the trip and a lovely town with lively markets.

# 9

#### **Taksindo Drive to Kathmandu**

**②** 9

Breakfast and Launch

Hotel

Car, Jeep, and Bus

1345 m

After breakfast, The trip by car from Taksindu to Kathmandu is about 133 miles long and usually takes between 7 to 9 hours. You'll go through hilly areas, passing towns like Jiri and Dolakha. First, you head to Salleri and then go through stunning scenery. Sometimes, the road might not be smooth, and you might find rough or unfinished parts. But along the way, you'll see beautiful landscapes and experience different places before reaching Kathmandu.



Final Departure.



Today is your final day in Kathmandu, Nepal which means your 8 Days Pikey Peak Trek completes here. Our office staff will escort you to the Tribhuvan Airport for your departure.

## **Cost Includes**

- Airport pick-up and drop-off.
- ✓ All ground transport in a private vehicle.
- ✓ 2 nights accommodation with breakfast in Kathmandu
- ✓ All Accommodation in Guesthouse/tea house /lodge with breakfast during the trek.
- Experienced, helpful, and friendly guide.
- → Round trip flight Kathmandu Lukla, and Lukla Kathmandu including departure taxes.
- First aid medical kit.
- Sagarmatha National Park Permits fee.
- Sleeping bags and Down jackets for the trek (should be refunded after the trek)
- Trekking map and trip achievement certificate.
- ✓ Trekkers' information management system (TIMS) fee.
- Government taxes and office service charges.

## **Cost Excludes**

- International airfare to and from Kathmandu.
- Nepal entry visa: you can obtain a visa easily upon your arrival at Tribhuwan International Airport in Kathmandu.

- Lunch and Dinner in Kathmandu
- **x** Lunch and Dinner during trek.
- **★** Beverage bills, bar bills, telephone bills, and Personal expenses.
- Extra night accommodation and meals in Kathmandu because of late departure or early return from the mountain due to any reason other than the scheduled itinerary.
- **x** Travel and rescue insurance.
- × Personal expenses.
- **X** Tips for guides and porters.
- Optional trips and sightseeing if extended
- Excess baggage charges (if you have more than 10 kg of luggage, a cargo charge is around \$1.5 per kg)

### **Trip Map**

